



SHEILA.V

Speaker | Corporate Trainer | Mentor

Speaker Requirements

AUDIO/VISUAL REQUIREMENTS:

Please have the following requirements in place before Sheila V speaks so that she can have maximum impact. If the group is more than 80 people Sheila will use a microphone (Preferably a head microphone or lapel Mic, which is her preferred method. If this cannot be met please let us know). Otherwise Sheila will require a cordless microphone or a handheld microphone with a cord at least 7 meters in length. Please also provide a microphone stand.

SEATING ARRANGEMENT:

Please sit audience directly in front of Sheila in theatre style; ideally with no seating behind or to the side of Sheila.

WATER:

Please provide Sheila with a bottle of still water or a glass of still water.

STAGE:

If using an auditorium, Sheila prefers the room dimly lit, open and empty stage.

ROOM TEMPERATURE:

Sheila refers the room to be warm, around 23 degrees Celsius

DATA PROJECTOR WITH SOUND:

Sheila will be bringing a USB and would prefer to plug in her USB into a laptop. Alternatively she will have her laptop with her that can be plugged into data projector if required.

FLIPCHART & WHITEBOARD:

If Sheila is presenting a session/workshop (longer than 60 mins), please provide either a flipchart or whiteboard, and two markers.

Much gratitude for accomodating these requirements.

<https://www.sheilav.co/>
sheilavijeyarasa@gmail.com